info@eastcooperbaptist.

First Time Guest?

We'd love to get to know you!

SCAN DIGITAL CONNECT CARD



Sermon Notes.

Speaker: Buster Brown, Senior Pastor

Message: Prayer: Fighting to See the Hope to Which

We are Called

Text: Ephesians 1:15-20

"15For this reason, because I have heard of your faith in the Lord Jesus and your love toward all the saints, 16I do not cease to give thanks for you, remembering you in my prayers, 17that the God of our Lord Jesus Christ, the Father of glory, may give you the Spirit of wisdom and of revelation in the knowledge of him, 18HAVING THE EYES OF YOUR HEART ENLIGHTENED THAT YOU MAY KNOW WHAT IS THE HOPE TO WHICH HE HAS CALLED YOU, what are the riches of his glorious inheritance in the saints, 19 and what is the immeasurable greatness of his power toward us who believe, according to the working of his great might 20 that he worked in Christ when he raised him from the dead and seated him at his right hand in the heavenly places..." Ephesians 1:15-20

"As a deer pants for flowing streams, so pants my soul for you, O God. My soul thirsts for God, for the living God. When shall I come and appear before God? My tears have been my food day and night, while they say to me all the day long, 'Where is your God?' These things I remember, as I pour out my soul: how I would go with the throng and lead them in procession to the house of God with glad shouts and songs of praise, a multitude keeping festival. Why are you cast down, O my soul, and why are you in turmoil within me? Hope in God; for I shall again praise him, my salvation and my God. My soul is cast down within me; therefore I remember you from the land of Jordan and of Hermon, from Mount Mizar. Deep calls to deep at the roar of your waterfalls; all your breakers and your waves have gone over me. By day the Lord commands his steadfast love, and at night his song is with me, a prayer to the God of my life. I say to God, my rock: 'Why have you forgotten me? Why do I go mourning because of the oppression of the enemy?' As with a deadly wound in my bones, my adversaries taunt me, while they say to me all the day long, 'Where is your God?' Why are you cast down, O my soul, and why are you in turmoil within me? Hope in God; for I shall again praise him, my salvation and my God." Psalm 42:1-11

Q 38: What is prayer?

A: Prayer is pouring out our hearts to God in praise, petition, confession of sin, and thanksgiving.

New City Catechism

"Prayer in the sense of petition, asking for things, is a small part of it; confession and penitence are its threshold, adoration its sanctuary, the presence and vision and enjoyment of God its bread and wine." C.S. Lewis

In Psalm 42, the Psalmist finds himself weeping day and night over the difficulties of life. Furthermore, he said he cannot find his footing in the crashing surf (v. 7), he feels as if he has a deadly wound (v. 10), and is surrounded by people who mock his faith (vv. 3 & 10). In light of these difficulties how does the Psalmist approach the inevitable problems, discouragements, and sorrows of life?

(continued >>)

Sermon.

(continued)

- 1. He asks why? The Psalms reflect raw emotion and honesty before the living God.
- 2. He knows God will bring him out of his difficulties (v. 5 & 11). In the present context the Psalmist is waiting for his emotional state to get in step with his convictions (vv. 8-9).
- 3. He sings of the tender mercies of the Lord (v. 8; Acts 16:16-25). Paul and Silas were falsely accused, forcibly dragged into the marketplace before the rulers, had to endure mob accusations, were beaten with rods, and chained in stocks in the inner bowels of a prison.

"About midnight Paul and Silas were praying and singing hymns to God, and the prisoners were listening to them..."

Acts 16:25

4. He preaches to himself.

"The main trouble in this whole matter of spiritual depression in a sense is this, that we allow our self to talk to us instead of talking to our self. Am I just trying to be deliberately paradoxical? Far from it. This is the very essence of wisdom in this matter. Have you realized that most of your unhappiness in life is due to the fact that you are listening to yourself instead of talking to yourself? Take those thoughts that come to you the moment you wake up in the morning. You have not originated them, but they start talking to you, they bring back the problem of yesterday, etc. Somebody is talking. Who is talking to you? Your self is talking to you. Now this man's treatment [in Psalm 42] was this; instead of allowing this self to talk to him, he starts talking to himself, 'Why art thou cast down, O my soul?' he asks. His soul had been repressing him, crushing him. So he stands up and says: 'Self, listen for a moment, I will speak to you'. Do you know what I mean? If you do not, you have but little experience."

D. Martyn Lloyd-Jones, *Spiritual Depression: Its Causes and Cures*, pp. 20-21

5. He remembers (v. 4; Psalm 103:1-5).

QUESTIONS:

- 1. Why is it inevitable that all believers have experiences like Psalm 42?
- 2. If the saying "time heals all wounds" is incorrect, what brings healing to the broken-hearted?
- 3. How do we preach the Good News of the Gospel to ourselves everyday instead of letting outside issues crowd out the glory of Christ?
- 4. What was the controlling thought in the hymn "It is Well With My Soul"?
- 5. How do we express thanksgiving as we remember?



Listen to sermons online at eastcooperbaptist.com/sermons

STRENGTH FOR JOURNEY

OCTOBER 1, 2023





Welcome.

We're glad you are here to worship with us. If you are new to East Cooper Baptist, we would love to meet you. Please stop anyone with a name-tag and let us answer any questions you may have. Thanks for being our guest.

Buster Brown, Senior Pastor busterb@eastcooperbaptist.com | 843.856.3222 x2006

> **Traditional Worship and Classes** Sanctuary 9:30am & 11:00am **Contemporary Worship and Classes** Worship Center 9:30am & 11:00am

Ways to Give. -

Giving is part of our worship to God. Through your faithful giving, God continues to change lives here in our area and around the world.



Give online by visiting our website at: eastcooperbaptist.com/give.

Give via text by texting the word "GIVE" to 843-202-4848.



Get to Know.

Alexis Chavis



WORSHIP ARTS ASSOCIATE ON STAFF

Alexis is from Aiken, SC. She came to know Christ during her freshman year at the College of Charleston. Through a friendship and Bible study with a Campus Outreach staff member, Alexis understood her own sinfulness and placed her faith in Jesus. Alexis joined the ECBC staff in 2019. She loves to read and spend time with her nephew.



Leadership.

We ask that members of East Cooper give input in selecting leadership. Read and pray over the definitions and scripture below. If a man comes to mind who meets these qualifications, elder or deacon.

Deacons

The word "deacon" means servant and came to be used by the church to designate a special position in the church. The to teach."

Elders

eading, teaching, praying and shepherding the people. The Bible lays out clear qualifications for elders in 1 Timothy 3:1-10 and Titus 1:6-9. These qualifications are living above reproach, faithful to his wife, self-controlled temperament, prudent, respectable, hospitable, able to teach, free from addictions, not pugnacious, uncontentious, free from the love of money, manages his household well, not a new convert, gives generously to his church, has a good reputation with outsiders, not self-willed, not quick-tempered, loves what is good, just, devout, and one who holds fast the faithful word.

Nominate

To nominate digitally, scan the QR code below, fill out, and submit.

DEACON NOMINATION **FORM**



ELDER **NOMINATION FORM**



Nominations close on October 8

(f) (y) (a) (V) (m)

361 Egypt Road • Mount Pleasant, SC 29464 • 843.856.3222

Upcoming.

S GLOBAL IMPACT

GLOBAL IMPACT CONFERENCE

The Global Impact Conference (October 27-29) is a time when we, as a church, focus on the Great Commission and hear from missionaries from around the world. Kids Missions Festival goes alongside this conference.

REGISTER TODAY.

KIDS MISSIONS FESTIVAL

On October 27-29, your kids will love learning about the country of Jordan, what missionaries do, and how to be a part of the Great Commission! All children must be registered with a parent attending GIC.

REGISTER TODAY.



CONNECT TO A GROUP

We would love for you to get connected to one of our many groups, like:

Community Groups Age & Stage Groups Care Groups

JOIN ONE TODAY.



eastcooperbaptist.com/groups

SERVE IN KIDS MINISTRY

Every Sunday, the Kids Ministry welcomes and serves kids and their families. This is made possible because of our volunteers. Sign up and join our fun team of volunteers.

SIGN UP TODAY!



Financial Update.

Giving Year-to-date \$873,379 **Budget Required**

\$ 921,330

(fiscal year: August 1, 2023-July 31, 2024)

First Time Guest?

We'd love to get to know you!

SCAN DIGITAL CONNECT CARD



Hello.

Please complete the perforated section and take to the Welcome Desk or place in any giving box located around the church.

I/We attended worship at:

	,
9:30am	11:00am
l am a first t	time guest
Name	
Spouse	
Birthdate MO DA YR Address	Spouse Birthda
City	
State Z	Zip
Mobile	
Spouse Mobile	
Email	
Spouse Email	
Preferred meth	od of contact: ext Email
Interested in the following:	
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Join the Church	
Meet with a Pastor	

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Other